

July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 AM Life Cereal & Fruit cup PM Veggie straws & Craisins	9 AM Apples & Graham crackers PM Cucumbers & Crackers	10 AM Yogurt & Berries PM Goldfish & Raisins	11 AM Bananas & Cereal PM Ritz crackers & Cheese	12 AM Bagels & Cream cheese PM Chips & Salsa	13
14	15 AM Applesauce & cereal PM Veggie straws & Craisins	16 AM Apples & Graham crackers PM Cucumbers & crackers	17 AM Yogurt & Strawberries PM Goldfish & Raisins	18 AM Bananas & Cereal PM Sweet potato	19 AM English muffins & Jam PM Chips & Salsa	20
21	22 AM Cereal & Applesauce PM Veggie straws & Cheese	23 AM Bagels & Cream Cheese PM Chips & Salsa	24 AM Yogurt & Berries PM Goldfish & Craisins	25 AM Graham crackers & Melon PM Peppers & Tortillas	26 AM Fruit cups & Cereal PM Chex mix	27
28	29 AM Graham crackers & Wow butter PM Wheat thins & Apples	30 AM Yogurt & Bananas PM Goldfish & Raisins	31 AM Melon & Cereal PM Pretzels & Cheese			