

# April 2026

| Sunday | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday |
|--------|---|---|---|---|--|----------|
|        |   |   | 1<br>AM Yogurt & Berries<br>PM Cukes & Crackers               | 2<br>AM Graham crackers & Wow butter<br>PM Veggie straws & Craisins | 3<br>AM Bagels & Cream cheese<br>PM Chex mix         | 4        |
| 5      | 6<br>AM Cereal bars<br>PM Veggie straws & Craisins  | 7<br>AM Apples & Cereal<br>PM Cheese & Crackers             | 8<br>AM Yogurt & Berries<br>PM Pretzels & Raisins             | 9<br>AM Oranges & Cereal<br>PM Chips & hummus                       | 10<br>AM Graham crackers & Applesauce<br>PM Chex Mix | 11       |
| 12     | 13<br>AM Cereal bars<br>PM Veggie straws & Apples   | 14<br>AM Apples & Graham crackers<br>PM Pretzels & Craisins | 15<br>AM Yogurt & Berries<br>PM Cukes & Crackers              | 16<br>AM Bagels & cream cheese<br>PM Goldfish & Cheese              | 17<br>AM Fruit cups & cereal<br>PM Chips & Hummus    | 18       |
| 19     | 20<br>AM Cereal bars<br>PM Goldfish & Raisins       | 21<br>AM Yogurt & Berries<br>PM Veggie straws & Apples      | 22<br>AM Bananas & Graham crackers<br>PM Wheat thins & cheese | 23<br>AM Fruit cups & Cereal<br>PM Chips and Hummus                 | 24<br>AM Bagels & cream cheese<br>PM Chex Mix        | 25       |
| 26     | 27<br>AM Cereal bars<br>PM Veggie straws & Craisins | 28<br>AM Yogurt & Berries<br>PM Ritz crackers & Sun butter  | 29<br>AM Bananas & Cereal<br>PM Goldfish & Cheese             | 30<br>AM Applesauce & Graham crackers<br>PM Chips & Hummus          | 1<br>AM Fruit cups & cereal<br>PM Chex Mix           |          |