

March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 AM Cereal bars PM Wheat thins & Cheese	3 AM Bananas & cereal PM Goldfish & Raisins	4 AM Yogurt & Berries PM Cukes & Crackers	5 AM Graham crackers & Wow butter PM Veggie straws & Craisins	6 AM Bagels & Cream cheese PM Chex mix	7
8	9 AM Cereal bars PM Veggie straws & Craisins	10 AM Apples & Cereal PM Cheese & Crackers	11 AM Yogurt & Berries PM Pretzels & Raisins	12 AM Oranges & Cereal PM Chips & hummus	13 AM Graham crackers & Applesauce PM Chex Mix	14
15	16 AM Cereal bars PM Veggie straws & Apples	17 AM Apples & Graham crackers PM Pretzels & Craisins	18 AM Yogurt & Berries PM Cukes & Crackers	19 AM Bagels & cream cheese PM Goldfish & Cheese	20 AM Fruit cups & cereal PM Chips & Hummus	21
22	23 AM Cereal bars PM Goldfish & Raisins	24 AM Yogurt & Berries PM Veggie straws & Apples	25 AM Bananas & Graham crackers PM Wheat thins & cheese	26 AM Fruit cups & Cereal PM Chips and Hummus	27 AM Bagels & cream cheese PM Chex Mix	28
29	30	31				

	AM Cereal bars PM	AM Applesauce & Graham crackers PM Ritz crackers & Sun butter				
--	--------------------------	--	--	--	--	--