

NOVEMBER 2022

	Mon	Tue	Wed	Thu	Fri	Sat
30	31 AM Peaches & Cereal PM Veggie Straws & Raisins	1 AM Graham crackers & Bananas PM Carrots and Dip	2 AM Yogurt & Berries PM Chips & Salsa	3 AM Bagels & Jam PM Apples & Pretzels	4 AM Nutri-grain bars PM Chex Mix	5
6	7 AM Applesauce & Life Cereal PM Pretzels & Cheese	8 AM Apples & Graham Crackers PM Cucumbers & Tortillas	9 AM Yogurt & Berries PM Crackers & Raisins	10 AM Bananas & Cereal PM Veggie Straws & Craisins	11 AM Bagels & Cream Cheese PM Chex Mix	12
13	14 AM Fruit cup & Cheerios PM Pretzels & Raisins	15 AM Melon & Graham Crackers PM Chips & Salsa	16 AM Bagels & Cream Cheese PM Goldfish & Craisins	17 AM Yogurt & Bananas PM Carrots & Cheese	18 AM Nutri-grain bars PM Chex Mix	19
20	21 AM Fruit cup & Cereal PM Goldfish & Raisins	22 AM Sun butter & Graham crackers PM Chex Mix	23 SHUTDOWN DAY CLOSED	24 THANKSGIVING DAY CLOSED	25 CLOSED	26
27	28 AM Peaches & Cereal PM Veggie Straws & Craisins	29 AM Graham Crackers & Bananas PM Fresh Veggie & dip	30 AM Berries & Yogurt PM Chips & salsa	1 AM Bagels & Jam PM Fresh Fruit & Crackers	2 AM Nutri-grain bars PM Chex Mix	3