

# August 2022

	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
	1 AM Peaches & Cereal PM Veggie Straws & Raisins	2 AM Graham crackers & Sunbutter PM Fresh Veggie and Dip	3 AM Berries & Yogurt PM Chips & Salsa	4 AM Bagels & Cream Cheese PM Fresh Fruit & Cheese	5 AM Nutri-grain bars PM Chex Mix	6
7	8 AM Applesauce & Life Cereal PM Pretzels & Cheese	9 AM Apples & Graham Crackers PM Cucumbers & Tortillas	10 AM Yogurt & Berries PM Crackers & Raisins	11 AM Bananas & Cereal PM Veggie Straws & Craisins	12 AM Bagels & Cream Cheese PM Chex Mix	13
14	15 AM Fruit cup & Cheerios PM Pretzels & Raisins	16 AM Melon & Graham Crackers PM Chips & Salsa	17 AM Bagels & Cream Cheese PM Goldfish & Craisins	18 AM Yogurt & Bananas PM Carrots & Cheese	19 AM Nutri-grain bars PM Chex Mix	20
21	22 AM Fruit cup & Cereal PM Goldfish & Raisins	23 AM Bananas & Graham crackers PM Chips & Salsa	24 AM Graham crackers & Craisins PM Apples & Cheese	25 AM Nutri-grain bars PM Cukes & Dip	26 AM Oranges & Cereal PM Veggie Straws	27
28	29 AM Peaches & Cereal PM Veggie Straws & Craisins	30 AM Graham Crackers & Bananas PM Fresh Veggie & dip	31 AM Berries & Yogurt PM Chips & salsa	1 AM Bagels & Jam PM Fresh Fruit & Crackers	2 AM Nutri-grain bars PM Chex Mix	3